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FOR IMMEDIATE RELEASE

### **DEBUT AUTHOR MAKES BIG PICTURE ISSUES REAL**

Humanitarian efforts in far flung locations, terrible natural disasters and appalling acts of terrorism become believably real through Sydney author Sue Liu's debut work *Accidental Aid Worker*. The independently published book launched pre-Christmas 2015 and is a moving and real-life account of one woman's drive to survive and support others while masking battles of her own while she struggles to find love and places to belong in the world.

Readers will feel an immediate emotional commitment to Ms Liu as they travel along this literary journey through quirky travel adventures and harrowing life experiences encompassing the entire gamut of human sensations; love and loss, entanglement, disillusionment, exhilaration and achievement in the midst of adversity.

The journey begins with Sue stumbling into voluntary aid work in the wake of the 2004 tsunami. Determined to take action and help tsunami refugees in the town of Trincomalee in the north east of Sri Lanka, also in the midst of the civil war conflict, she galvanizes her community and teams up with a tour guide and a Catholic priest to deliver her aid collection. This begins her 10-year obsession with helping people in need, which includes meeting larger than life Geraldine Cox and supporting children in Cambodia.

"Back in 2005, I was overwhelmed by the groundswell of support I received from friends and people in my own community in particular who just wanted to contribute in a tangible way to my collection and help people in crisis. It became an addiction to being a humanitarian, I couldn't stop," said Sue.

*Accidental Aid Worker* is also a moving and real-life account of Sue's drive to survive and maintain her commitment to supporting others while facing adversity of her own. She loses grip on life and embarks on a harrowing journey through mid-life crisis, family struggles, self-employment, singledom, burnout, disconnection and chronic depression, struggling to reconnect with her life, identity and purpose. She is forced to face inescapable truths about herself in order to navigate her way to the woman she really wants to be – her challenges will resonate with many.

"I believe life is a series of next steps and pieces of a puzzle and I certainly have had a full, interesting and quirky life. I couldn't keep these stories to myself anymore and part of my healing was writing and producing this book. I think my struggles will really resonate with a lot of people. There are plenty places to laugh with and at me, and plenty of times to commiserate. I recommend reading with tissues and a glass of wine."

Sue's heart-warming and thought-provoking story will make you laugh, bring you to tears, inspire a thirst for travel, a yearning to give back and pause for thought about what really makes us all tick.

*Accidental Aid Worker* is an independently published book. The limited edition memento paperback of the 396 page book features a double cover of photographs for RRP \$35.00 at bookstores, online retailers, ibooks and on Amazon. The ebook is RRP \$11.99. Signed copies available direct from Sue at [www.accidentalaidworker.com.au](http://www.accidentalaidworker.com.au), which also features the blog, reader comments, photos and media information.

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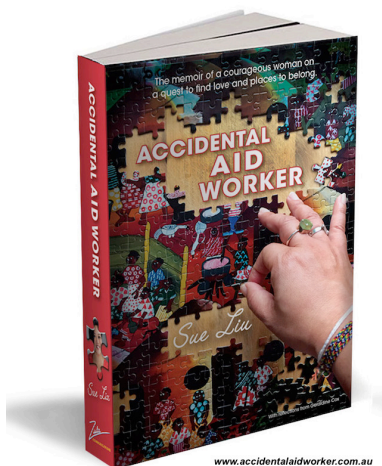
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## FOR FURTHER INFORMATION

Further information, copies of the book for review, interviews, presentations and speaking opportunities contact Sue Liu on 0411743015 or [sue@zulucommunications.com.au](mailto:sue@zulucommunications.com.au)



Accidental Aid Worker – ISBN 978-0-9941727-4-7

Trade enquiries and distribution: <http://www.dennisjones.com.au>

## About Sue Liu

Sue Liu lives in Annandale, Sydney, with her enormous brown Burmese cat Moet. She's 'Chiefette' of her own Business and Marketing consultancy, Zulu Communications and Candles for Community. A passionate advocate of community and humanitarian focused work, Sue puts in an equal amount of time as a volunteer, leading and connecting people to opportunities to help vulnerable people.

For fun she loves to travel, explore, scuba dive, experience life and celebrate all things creative. Sue is an artistic little soul and a fanatic feline lover who finds solace in the garden. Accidental Aid Worker is her first book. She is currently writing the sequel to Accidental Aid Worker and a book of travel adventures.

**Reader Comments:** <http://accidentalaidworker.com.au/comments-from-readers/>

*Thank you for your generous, and indeed very special and personal gift of your biography, Accidental Aid Worker. Indeed, I have just commenced reading the early parts of this epic memoir, which touches many sensitive aspects of your life, with which I can identify. This unique journey is indeed rich with memorable characters and events and also with your sensitive reflections. I am certainly looking forward to travelling on this journey in your book as each chapter unfolds. My deep appreciation is with you for this generous gift. Best wishes in all your future endeavors and warmest regards. -Professor Dame Marie R Bashir*  
**AD CVO**

*I just finish Accidental Aid Worker. Much enjoyed, thanks for the journey. Renewed faith and hope for human decency in a cold world. – Dennis*

*I just wanted to say, your book was fantastic. I literally couldn't put it down. I am not a reader by at stretch of the imagination but this was indeed a great read and you tell your tale well. All those travels. What a life! Brave, adventurous, challenging, self less and giving. I am in awe. At times it got to me so much that I found myself crying on trains. Can't wait for the next installment about your travels. Go Sue! – Maria*